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# SUSTAINABILITY PROOF POINTS

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## GASTRONOMY

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**New Nordic Cuisine**  
and the Nordic Kitchen Manifesto

The Nordic Kitchen Manifesto was formulated in 2004 with ten points on purity, season, ethics, health, sustainability and quality by noma head chef and co-owner René Redzepi, among others, and it paved the way for the New Nordic food ideology, which is still an important tool of guidance today. This culinary movement emphasizes locally sourced, seasonal, and sustainable ingredients, showcasing the potential for fine dining while prioritizing sustainability.

**Food Innovation**

Copenhagen is home to various food innovation hubs and startups that are developing sustainable food products and technologies, including plant-based alternatives, natural wines, organic local produce and innovative packaging solutions.

**Copenhagen's Climate Plan**

The city has a comprehensive climate plan with specific targets for reducing carbon emissions, including those related to food production and consumption. Initiatives like promoting plant-based diets and reducing food waste are integral to these efforts.

**Organic Food**

Copenhagen has a strong focus on organic food. It's common to find organic options in restaurants, cafes, and supermarkets. The city also hosts several organic food markets, such as Torvehallerne and the farmers' markets, offering locally produced organic products.

**Community Gardens and Urban Farming**

Copenhagen has numerous community gardens and urban farming projects, where locals can grow their own produce in sustainable ways. These initiatives promote a connection to food sources and reduce reliance on long-distance transportation.

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## Food Waste Reduction

The city has actively worked to reduce food waste through initiatives like the "Stop Wasting Food" movement. Restaurants often offer smaller portion sizes and encourage customers to take leftovers home.

## Food Sharing Initiatives

Various organizations and apps in Copenhagen facilitate food sharing among residents and businesses. These platforms connect surplus food from restaurants, cafes, and grocery stores with individuals or organizations in need.

## Sustainable Food Events

Copenhagen hosts events like the Copenhagen Cooking & Food Festival, which focus on sustainable food practices, featuring discussions, workshops, and tastings that highlight the importance of sustainability in the food industry.

## Government Policies and Support

Copenhagen's municipal government has implemented policies and incentives to promote sustainability in food businesses. This includes grants and support for restaurants and businesses adopting sustainable practices.

## Public Awareness and Education

The city actively educates its residents about sustainable food choices through campaigns and initiatives. Schools and institutions also play a role in teaching students about food sustainability.

## Bicycle-Friendly Food Delivery

Copenhagen's emphasis on sustainable transportation extends to food delivery services. Many food delivery platforms and restaurants use electric cargo bikes for deliveries, reducing emissions associated with food delivery.

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## Green Building Standards

Copenhagen has adopted stringent green building standards and certifications, such as LEED (Leadership in Energy and Environmental Design) and DGNB (German Sustainable Building Council). New buildings often strive to meet these standards, emphasizing energy efficiency, renewable energy use, and sustainable materials.

## Sustainable Urban Planning

The city places a strong emphasis on sustainable urban planning, promoting mixed-use development, efficient public transportation, and pedestrian-friendly streets. This approach minimizes the need for car use and reduces energy consumption.

## Copenhagen Climate Plan

The city's climate plan includes initiatives related to sustainable architecture and design, with specific goals for reducing carbon emissions in the construction and building sectors.

This includes retrofitting existing buildings for energy efficiency.

## Harbor Redevelopment

Copenhagen's waterfront areas have seen extensive redevelopment with an emphasis on sustainability. Examples like Nordhavn, a formerly industrial area now transformed into a sustainable residential district, showcase the city's commitment to eco-friendly urban development.

## Climate-Resilient Design

Given the challenges posed by climate change, Copenhagen has invested in designing buildings and infrastructure that are resilient to rising sea levels and extreme weather events. This includes elevated and flood-resistant buildings and green infrastructure.

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## Green Roofs and Living Walls

Many buildings in Copenhagen feature green roofs and living walls, which help regulate temperature, absorb rainwater, and provide urban green spaces. These features contribute to both sustainability and improved urban aesthetics.

## Sustainable Materials

Architects and designers in Copenhagen prioritize the use of sustainable building materials, including recycled and locally sourced materials. Timber construction, in particular, is gaining popularity for its sustainability and aesthetic appeal.

## Energy-Efficient Design

Building designs in Copenhagen focus on optimizing natural light and ventilation, reducing the need for artificial lighting and air conditioning. Energy-efficient HVAC systems and smart building technologies are also commonly integrated.

## Public Art and Sustainability

Copenhagen often incorporates public art and sculptures that highlight environmental themes and sustainability. These installations serve both aesthetic and educational purposes.

## Adaptive Reuse

The city promotes the adaptive reuse of historic and disused buildings. This approach not only preserves cultural heritage but also reduces the environmental impact associated with new construction.

## Participation and Engagement

Copenhagen involves citizens and communities in the planning and design process, ensuring that sustainability initiatives are informed by local needs and preferences.

## Architectural Awards and Recognition

Numerous architectural awards and accolades, such as the Green Building Awards and the Danish Design Award, recognize and celebrate sustainable architecture and design projects in Copenhagen.

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## Sustainable Cultural Institutions

Many of Copenhagen's cultural institutions, such as museums, theaters, and galleries, have adopted sustainability practices. They often implement energy-efficient lighting, waste reduction measures, and eco-friendly materials in their exhibitions and operations.

## Green Arts Festivals

Copenhagen hosts several arts and cultural festivals that emphasize sustainability and environmental consciousness. For example, the Copenhagen Art Festival has featured eco-friendly installations and performances.

## Eco-Friendly Public Art Installations

The city has commissioned and displayed public art installations that convey messages of sustainability and environmental awareness. These artworks often incorporate recycled or sustainable materials.

## Sustainable Fashion Shows

Copenhagen is known for its fashion industry, and it has increasingly focused on sustainable fashion practices. Events like Copenhagen Fashion Week showcase eco-friendly and ethically produced clothing lines.

## Sustainability in Performing Arts

Copenhagen's theaters and performing arts venues often incorporate sustainability into their productions. They may use eco-friendly stage materials, encourage public transport to shows, and promote responsible waste management.

## Cultural Education for Sustainability

Museums and cultural institutions offer educational programs and exhibitions that raise awareness about sustainability, climate change, and environmental conservation.

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## Sustainable Cultural Events

Events like music festivals, art exhibitions, and cultural performances increasingly prioritize sustainability by offering recycling stations, reducing single-use plastics, and sourcing food and beverages locally and sustainably.

## Sustainable Art Studios

Some artists and studios in Copenhagen focus on sustainable art creation, using recycled or reclaimed materials, promoting environmentally friendly techniques, and addressing ecological themes in their work.

## Cultural Exchange on Sustainability

Copenhagen actively engages in cultural exchange programs with other cities and regions to share knowledge and best practices related to sustainability in the arts and culture.

## Support for Local Artists and Craftsmen

The city often supports local artists and craftsmen who create sustainable art and crafts

using traditional and environmentally friendly techniques.

## Community Engagement

Copenhagen encourages community engagement in cultural and artistic activities with a sustainability focus. This includes community art projects and workshops centered on ecological themes.

## Sustainable Heritage Preservation

When preserving historic cultural sites and buildings, Copenhagen emphasizes sustainable restoration and maintenance practices, ensuring that the city's cultural heritage remains intact for future generations.

## Public Art with Environmental Messaging

Copenhagen's public art often features environmental messages, drawing attention to sustainability issues, biodiversity, and the importance of protecting natural resources.

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## Extensive Bicycle Infrastructure

Copenhagen is known as one of the most bicycle-friendly cities globally, with an extensive network of bike lanes, dedicated bike bridges, and bike-sharing programs. This encourages sustainable transportation and reduces car emissions.

## Green Spaces and Parks

The city boasts numerous green spaces and parks, such as the King's Garden and Fælledparken, which provide recreational areas for residents and visitors while enhancing biodiversity and urban greenery.

## Harbor Baths

Copenhagen has developed several harbor baths, including Islands Brygge and the Copenhagen Harbour Bath, where people can swim in clean harbor waters, promoting a connection with the city's maritime heritage and improving water quality.

## Urban Rooftop Gardens

Copenhagen's buildings often incorporate rooftop gardens and green spaces, offering not only beautiful views but also natural insulation, stormwater management, and opportunities for urban agriculture.

## Climate-Resilient Design

The city has adopted climate-resilient urban design strategies, including elevated waterfront promenades and flood-resistant infrastructure, to address the challenges posed by rising sea levels and extreme weather events.

## Sustainable Street Design

Copenhagen's streets are designed with sustainability in mind, featuring pedestrian zones, green corridors, and reduced car traffic to promote walkability and improve air quality.

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**Eco-Friendly Waterfront Redevelopment**  
Redevelopment projects along the city's waterfront, like Nordhavn, focus on sustainable architecture and landscape design, often integrating eco-friendly elements such as sustainable materials and green infrastructure.

**Waste Management and Recycling**  
The city provides ample recycling and waste disposal options in public spaces, encouraging responsible disposal and reducing littering.

**Green Initiatives in Public Transport**  
Copenhagen's public transportation system, including buses and trains, runs on renewable energy sources like wind and solar power, reducing carbon emissions associated with commuting.

**Community Gardens and Allotments**  
Residents have access to community gardens and allotments, promoting urban agriculture, community engagement, and a sense of ownership in sustainable land use.

**Pedestrian-Friendly Initiatives**  
Copenhagen's streetscapes often prioritize pedestrians over cars, encouraging sustainable mobility and fostering a sense of community.

**Sustainable Lighting**  
The city uses energy-efficient LED street lighting, reducing energy consumption and light pollution while enhancing nighttime safety and aesthetics.

**Urban Wildlife Preservation**  
Copenhagen actively works to preserve and protect urban wildlife, including bird sanctuaries and initiatives to support pollinators like bees.

**Public Engagement**  
The city actively engages residents in decision-making processes related to outdoor spaces, ensuring that sustainability and community values are reflected in urban planning and development.